

Conditions Requiring an Inquiry to U.S. Naval Hospital Rota's Overseas Suitability Screening Coordinator

Obstetric Care

If there are any questions concerning whether a patient is a candidate for obstetrical care, please contact the U.S. Naval Hospital Rota's Overseas Suitability Screening Coordinator prior to completing the screening. We do not accept patients with multiple gestation (twins or higher), fetal anomalies or any patient requiring long term obstetrical or neonatal hospitalization. If they have a prior complicated obstetrical history, we need to screen the patient and/or overseas screening package prior to accepting them. Complicated pregnancies may require outpatient or inpatient care via our host nation medical network.

Adult Medical Conditions

1. History of cancer in the past two years
2. Hepatitis B/C others
3. Ischemic heart disease
4. Inflammatory bowel disease (IBD)
5. Bronchiectasis
6. Chronic pulmonary disease (COPD, Asthma, etc), pulmonary sarcoid, hepatic sarcoid: NO stage IV disease. NO patients on prednisone >10mg daily
7. History of TB, no untreated disease
8. Cirrhosis
9. Collagen vascular diseases such as lupus, RA, or scleroderma (without pulmonary hypertension)
10. Significant neurologic Disease, such as Multiple Sclerosis, seizure d/o
11. Medical adjuncts: overseas clearance may be disapproved if a family member has/requires:
 - Braces/splints (difficulty in obtaining parts, supplies, and/or repair services)
 - Prosthetics for major limbs (difficulty in obtaining parts, supplies, and/or repair services)
12. Services: overseas clearance MAY be disapproved if a family member requires care by the following sub-specialists more than once a year:

- Cardiology, endocrinology, rheumatology, neurology, pulmonology, hematology, bowel or bladder rehabilitation services (routinely available only through medical evacuation)
- Medications not available on formulary and without an easy substitute
- Laboratory monitoring required in a timely fashion that is not available locally (i.e., drug levels)
- Any specialty requiring medical evacuation more than once a year
- Bilateral deafness (non-hearing, requiring full time sign language translator)
- Cancer patients that have required or have a high probability of requiring ongoing oncology services will be disapproved
- Medical conditions which have a high probability of resulting in ICU admissions, e.g., insulin-dependent diabetes
- Morbid obesity (BMI >40 kg/m² or 35 kg/m² in the presence of comorbidities)
- Chronic pain syndromes requiring multidisciplinary pain therapy, chronic narcotics, ESI
- Gastroenterology disorders such as Crohn's disease, ulcerative colitis, liver cirrhosis
- Urologic pain disorders

13. Immunosuppressant therapy

Behavioral and Mental Health Conditions

1. Mental Health

a. Psychosis. Including:

- Schizophrenia
- Schizophreniform disorder
- Psychotic disorder NOS
- Schizoaffective disorder
- Delusional disorder
- Brief psychotic disorder

- Substance induced
- Psychotic disorder, etc.

b. Personality disorders (all types)

- Bipolar disorder
- Major depressive disorder with psychotic features
- Active substance abuse problems
- Prior suicide attempts or psychiatric hospitalizations
- Somatoform disorders
- Factitious disorders
- Dissociative disorders
- Eating disorder (specialist not available)
- Amnestic disorders
- Delirium and dementia

c. Child Psychology/Psychiatry.

Any mental health disorder will be excluded based on lack of child psychiatry, particularly:

- Mental retardation
- Pervasive developmental disorders (to include autism and all subtypes)
- Conduct disorder
- Oppositional defiant disorder
- Tic disorders
- Reactive attachment disorder
- Mood disorders

Waivers for uncomplicated ADHD may be given. ADHD complicated by other mental health diagnoses are unsuitable.

Pediatric Medical Conditions

1. Conditions that require specialty follow-up (i.e. CAH, growth hormone, JRA or other rheumatologic disorders)
2. Cardiac patients need approval based on diagnosis
3. Surgery patients (GI, cardiac) less than a year post-op should be considered NOT SUITABLE.
4. Congenital orthopedic issues
5. Complicated pediatric strabismus requiring surgery
6. Pediatric cataract with amblyopia, requiring cataract surgery
7. Minor congenital heart defects that require annual, or less than annual, pediatric cardiology follow-up.
8. Chronic ear or sinus conditions requiring follow-up with ENT (otorhinolaryngology).
9. Stable medical conditions that have been followed by a pediatric subspecialist, but do not require follow-up during the duration of sponsor's tour (e.g. hypothyroidism stable on medications).

Pediatric Behavioral and Mental Health Conditions

1. Major psychiatric disorders or complicated ADHD patients (waivers for uncomplicated ADHD may be given)
2. Autistic spectrum diagnoses will only be considered on a case-by-case basis. However, strongly discourage autism spectrum disorders due to lack of community resources and mental health services.
3. Mental health/behavioral conditions:
 - Conduct disorder, ODD, intermittent explosive disorder, or disruptive behavior disorder
 - Require ongoing individual and/or family therapy
 - Required any type of inpatient treatment in the last 5 years
 - Require treatment with anti-psychotic medications (will consider if stable for 2 years on current regimen)
 - Has required more than once-a-month treatment in the last year
 - Any foster care placement in the last 5 years
 - Placement in reform school or alternative school

- Any mental health contact including: therapy, ADD or ADHD treatment, any medication management.
- Any special educational contacts.